



## Verve Health & Fitness: Free Yoga

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### UPCOMING DATES AND TIMES

- Monday, Jun 25, 2018 6-7 p.m.
- Monday, Jul 2, 2018 6-7 p.m.
- Monday, Jul 9, 2018 6-7 p.m.
- Monday, Jul 16, 2018 6-7 p.m.
- + 6 more

### LOCATION:

*Verve Health and Fitness* -- 1611 N Kent St

Great news: Verve Health & Fitness is offering FREE yoga classes until the end of June! The yoga classes will be taught by Verve's yoga instructor, Renu. Classes will be held every Monday night from 6-7 p.m. on the second floor, suite 215. Classes are free for members and non-members. Bring your friends and family!

Register here:

[www.vervehealthandfitness.com/group-classes/](http://www.vervehealthandfitness.com/group-classes/)